

BENJAMIN'S

Lunch Menu

Starters:

Roasted Red Pepper Tomato Bisque

Cup | 5 Bowl | 6

Asiago Banana Peppers | 11

Yarnicks peppers sauteed in garlic and olive oil topped with asiago cheese and baked

Truffle Fries | 10

shoestring fries topped with romano cheese and truffle oil

Pierogies | 10

onions, bacon, sour cream, and scallions over six, three cheese pierogies

Ben's Bangin Shrimp | 12

tempura fried shrimp with a Thai chili glaze over Asian slaw

Caprese | 10

fresh mozzarella layered with Yarnicks tomatoes topped with basil, olive oil, and a balsamic glaze

Lynn's Bruschetta | 10

tomatoes, black olives, feta, basil, & garlic served with a sliced toasted baguette

Salads:

gluten free upon request

Ben's Classic | 9

cucumbers, tomato, carrots, red onion
add chicken or blackened chicken | 4

add shrimp | 6

add blackened tilapia | 6

add flat iron steak | 8

add 8 oz grilled salmon | 10

Power Protein | 21

8 oz grilled salmon, farro grains,
pickled onions, lemon aioli, sweet potato,
tomatoes, and a citrus vinaigrette
no salmon | 11

Greek | 13

olives, feta, tomato, cucumbers, red onion,
grilled tarragon chicken, with a feta vinaigrette

Pittsburgh:

Blackened Chicken | 14

Flat Iron Steak | 17

tortilla bowl, cucumber, tomato, red onion,
shoestring fries, mozzarella

BBQ Chicken | 13

Gouda, black beans, tomato, red onion,
& grilled BBQ chicken

Dressing choices: creamy Italian, creamy
blue cheese, French, citrus vinaigrette,
balsamic vinaigrette, feta vinaigrette,
ranch, oil & vinegar

Add shoestring or beer battered fries to any dish for a \$3.00 up-charge.

Please do your best to keep bills to one per table for sanitary reasons. Thank you.

Gluten Friendly options: While we make every effort to make sure our gluten friendly items do not come into contact with other ingredients we cannot guarantee cross-contamination of gluten does not occur. Please let us know of any allergies BEFORE ordering.

We are not responsible for well done items. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

Pizza's and Flatbreads:

make it a 12" pizza for \$2.00 more

make it a 10" gluten free seasoned cauliflower crust pizza for \$2.00 more

Portabella | 13

portabella, spinach, tomato, feta, onion, green peppers, mozzarella

Traditional | 12

traditional pizza sauce, mozzarella

BBQ Chicken | 13

grilled chicken, BBQ sauce, red onion, gouda, with mozzarella cheese

Buffalo Chicken | 13

grilled chicken, buffalo sauce, red onion with mozzarella and cheddar jack cheese served with ranch

White Pizza | 11

garlic, mozzarella, tomato

Additional Toppings \$2 each
pepperoni, mushrooms, hot peppers, onions, roasted red peppers, bacon

Burgers:

6 Oz. beef on a kaiser roll with lettuce, tomato, and pickle on the side, served with shoestring or beer battered fries (gf upon request)

Classic | 10

Beyond Burger® | 12

Bacon Cheddar | 12

Mushroom Swiss | 12

Black & Bleu | 12

Mac N' Cheese:

penne pasta in our creamy three cheese sauce

Buffalo Chicken | 11

Chicken Gouda Broccoli | 11

Pulled Pork & Gouda | 11

Hand Helds:

served with chips or coleslaw

Rachel | 11

turkey, swiss, coleslaw, and 1000 island on a toasted rye

1/2 Sandwich & Soup | 10

on toasted Italian or rye bread (no sides)
turkey: provolone, lettuce, tomato, garlic aioli
chicken salad: with grapes

Chicken Salad Croissant | 10

with grapes (nut free)

Chicken Parmesan | 11

breaded chicken, mozzarella, marinara on a toasted Kaiser roll

Three Grilled Cheese & Tomato Soup | 11

American, swiss, and provolone, Italian bread with a cup of our tomato bisque (no sides)

Chicken Quesadilla | 11

grilled chicken, black beans, tomato, scallions, and cheddar cheese (no sides)

Fish or Shrimp Tacos | 11

cilantro lime slaw, blackened or beer battered tilapia or blackened shrimp, and chipotle ranch in flour tortillas (gf upon request) (no sides)

Pulled Pork Tacos | 11

corn, black beans, with roasted red pepper salsa in flour tortillas (gf upon request) (no sides)

Whale of a Fish Sandwich | 12

oversized fried piece of cod on a Kaiser with coleslaw and shoestring fries

Blackened Chicken or Fish Wrap | 10

blackened or grilled chicken or tilapia, lettuce, tomato, chipotle ranch, and mozzarella*

Turkey Bacon Wrap | 10

turkey, bacon, lettuce, tomato, garlic aioli, and provolone*

*wrap choices: wheat, garlic and herb, jalapeno cheddar

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Pierogies | 10

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Caprese | 10

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cilantro lime slaw, blackened or beer battered tilapia or blackened shrimp, and chipotle ranch in flour tortillas (gf upon request)

Lynn's Bruschetta | 10

tomatoes, black olives, feta, basil, & garlic served with a sliced toasted baguette

Mac N' Cheese:

penne pasta in our creamy three cheese sauce

Buffalo Chicken | 11

Chicken Gouda Broccoli | 11

Pulled Pork & Gouda | 11

Salads:

gluten free upon request

Ben's Classic | 9

cucumbers, tomato, carrots, red onion
add chicken or blackened chicken | 4
add shrimp | 6
add blackened tilapia | 6
add flat iron steak | 8
add 8 oz grilled salmon | 10

Power Protein | 21

8 oz grilled salmon, farro grains, pickled onions, lemon aioli, sweet potato, tomatoes, and a citrus vinaigrette
no salmon | 11

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tortilla bowl, cucumber, tomato, red onion, shoestring fries, mozzarella

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Gouda, black beans, tomato, red onion, & grilled BBQ chicken

Dressing choices: creamy Italian, creamy blue cheese, French, citrus vinaigrette, balsamic vinaigrette, feta vinaigrette, ranch, oil & vinegar

Burgers:

6 Oz. beef on a kaiser roll with lettuce, tomato, and pickle on the side, served with shoestring or beer battered fries (gf upon request)

Classic | 10

Beyond Burger® | 12

Bacon Cheddar | 12

Mushroom Swiss | 12

Black & Bleu | 12

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Pastas:

add a house salad for \$3.00

Maryland Crab Ravioli | 22

sweet onion cream sauce and balsamic glaze over asparagus and crab

Cheese Tortellini | 17

mushrooms, red peppers, garlic, and basil in red pepper tomato alfredo sauce

Bangin' Shrimp Pasta | 19

sautéed shrimp and red peppers over linguine in a creamy bangin alfredo sauce

Build Your Own | 14

Pasta:

Penne, Linguine | 0

Cheese Tortellini | 3

Protein:

Chicken | 4

Shrimp | 6

Crab | 8

Sauce:

Marinara, Alfredo,

Amelia, Arrabiata | 0

Spicy Alfredo | 2

Pizza's and Flatbreads:

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Buffalo Chicken | 13

grilled chicken, buffalo sauce, red onion with mozzarella and cheddar jack cheese served with ranch

White Pizza | 12

garlic, mozzarella, tomato

Additional Toppings \$2 each

pepperoni, mushrooms, hot peppers, onions, roasted red peppers, bacon

Seafood:

served with house salad as well as penne marinara or potato & vegetable

Cedar Plank Salmon | 24

8 oz salmon with a sweet and spicy cajun rub, tomato plum salsa, topped with lemon pesto (gf upon request)

Maple Whiskey Salmon | 26

8 oz salmon in a sweet and spicy rub, served with pecans and asparagus drizzled in a whiskey maple glaze (gf upon request)

Herb Crusted Cod | 22

a seasoned breadcrumb rub topped with a light white wine cream sauce

Blackened Mahi | 23

pan Asian sauce over a blackening seasoning mahi

Fish Platter | 14

whale of cod served with fries or potato & vegetable

Seafood of the Day | Market Price

Chicken and Beef:

served with house salad as well as penne marinara or potato & vegetable

Josh's Spicy | 20 | 23

chicken, crab, red peppers, over penne in a spicy alfredo sauce (gf upon request)

Chicken Parmesan | 18 | 21

chicken seasoned in bread crumbs, marinara, and mozzarella

Chicken Marsala | 18 | 21

chicken with mushrooms, shallots, and basil with Marsala demi-glaze

Chicken Romano | 18 | 21

chicken with seasoned bread crumbs, topped with a romano cream sauce

8 oz. Flat Iron | 25

add mushrooms and onions \$2 (gf upon request)

6 oz. Choice Filet | 33

add mushrooms and onions \$2 (gf upon request)