

Starters:

Roasted Red Pepper Tomato Bisque or Soup of the Day

Cup | 5 Bowl | 6

Asiago Banana Peppers | 11

banana peppers sauteed in garlic and olive oil topped with asiago cheese and baked

Truffle Fries | 10

shoestring fries topped with romano cheese and truffle oil

Pierogies | 10

onions, sour cream, and scallions over six, three cheese pierogies add bacon | 2

Ben's Bangin Shrimp | 12

tempura fried shrimp with a Thai chili glaze over Asian slaw

Brussel Sprouts | 10

pan fried and tossed with a sriracha sherry vinegar glaze and topped with shaved parmesan cheese add bacon | 2

Colossal Meatball | 12

9 oz mozzarella stuffed meatball baked in marinara, served with grilled crostini

Hot Crab & Artichoke Dip | 12

crabmeat and artichokes, blended in our spicy dip and served with tortilla chips

Salads:

gluten free upon request

Ben's Classic | 9

cucumbers, tomato, carrots, red onion add chicken or blackened chicken | 4 add shrimp | 6 add blackened tilapia | 6 add flat iron steak** | 8 add 8 oz grilled salmon** | 10

Power Protein | 21

8 oz grilled salmon, farro grains, pickled onions, lemon aioli, sweet potato, tomatoes, and a citrus vinaigrette no salmon | 11

Greek | 10

olives, feta, tomato, cucumbers, red onion, with a feta vinaigrette add tarragon grilled chicken | 4

Pittsburgh:

Blackened Chicken | 14

Flat Iron Steak | 17**

tortilla bowl, cucumber, tomato, red onion, shoestring fries, mozzarella

BBQ Chicken | 14

Gouda, black beans, tomato, red onion, & grilled BBQ chicken

Dressing choices: creamy Italian, creamy blue cheese, French, citrus vinaigrette, balsamic vinaigrette, feta vinaigrette, ranch, oil & vinegar

Gluten Friendly options: While we make every effort to make sure our gluten friendly items do not come into contact with other ingredients we cannot guarantee cross-contamination of gluten does not occur. Please let us know of any allergies BEFORE ordering.

***We are not responsible for well done items. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.*

Please do your best to keep bills to one per table. Thank you.

Pizza's and Flatbreads:

make it a 12" pizza for \$2.00 more

make it a 10" gluten free seasoned cauliflower crust pizza for \$2.00 more

Portabella | 13

portabella, spinach, tomato, feta, onion, green peppers, mozzarella

Traditional | 12

traditional pizza sauce, mozzarella

BBQ Chicken | 13

grilled chicken, BBQ sauce, red onion, gouda, with mozzarella cheese

Buffalo Chicken | 13

grilled chicken, buffalo sauce, red onion with mozzarella and cheddar jack cheese served with ranch

Margherita | 11

garlic, mozzarella, tomato, basil

Additional Toppings \$2 each
pepperoni, mushrooms, hot peppers, onions, roasted red peppers, bacon

Burgers**

6 Oz. beef on a kaiser roll with lettuce, tomato, and pickle on the side, served with shoestring or beer battered fries (gf upon request)

Classic | 11

Bacon Cheddar | 13

Mushroom Swiss | 13

Black & Bleu | 13

Beyond Burger® | 13

Plant-Based Vegan Burger

Mac N' Cheese:

penne pasta in our creamy three cheese sauce

Buffalo Chicken | 11

Chicken Gouda Broccoli | 11

Pulled Pork & Gouda | 11

Hand Helds:

served with chips, coleslaw, or daily side
add a cup of soup | 3

Rachel | 12

turkey, swiss, coleslaw, and 1000 island on a toasted rye

1/2 Sandwich & Soup | 11

on toasted Italian or rye bread (no sides)
turkey: provolone, lettuce, tomato, garlic aioli
chicken salad: apple, cranberries, pecans

Fall Chicken Salad Croissant | 11

Granny Smith apples, dried cranberries and pecans

Chicken Parmesan | 12

breaded chicken, mozzarella, marinara on a toasted Kaiser roll

Three Grilled Cheese & Tomato Soup | 11

American, swiss, and provolone, Italian bread with a cup of our tomato bisque (no sides)

Chicken Quesadilla | 12

grilled chicken, black beans, tomato, scallions, and cheddar cheese (no sides)

Fish or Shrimp Tacos | 12

cilantro lime slaw, blackened or beer battered tilapia or blackened shrimp, and chipotle ranch in flour tortillas (gf upon request) (no sides)

Spicy Sausage Sandwich | 12

grilled hot Italian sausage, topped with sautéed onions, swiss cheese and dijon mustard on toasted Italian bread

Whale of a Fish Sandwich | 14

oversized fried piece of cod on a Kaiser with coleslaw and shoestring fries

Blackened Chicken or Fish Wrap | 11

blackened or grilled chicken or tilapia, lettuce, tomato, chipotle ranch, and mozzarella*

Turkey Bacon Wrap | 11

turkey, bacon, lettuce, tomato, garlic aioli, and provolone*

*wrap choices: wheat, jalapeno cheddar or seasonal

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Mac N' Cheese:

penne pasta in our creamy three cheese sauce

Buffalo Chicken | 11

Chicken Gouda Broccoli | 11

Pulled Pork & Gouda | 11

Tacos:

two flour tortilla tacos served with a side of chipotle ranch (GF upon request)

Blackened Shrimp | 12

Blackened Chicken | 12

Blackened Fish | 12

Beer Battered Fish | 12

Pork Carnitas | 12

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Due to limited capacity in an effort to accommodate more of our guests, we must implement time limits for the following 1-4 guests 90mins. 5-8 guests 120mins.

Please do your best to keep bills to one per table. Thank you.

Pastas:

add a house salad for \$3.00

Maryland Crab Ravioli | 22

sweet onion cream sauce and balsamic glaze over asparagus and crab

Cheese Tortellini | 17

mushrooms, red peppers, garlic, and basil in red pepper tomato alfredo sauce

Bangin' Shrimp Pasta | 19

sautéed shrimp and red peppers over linguine in a creamy bangin alfredo sauce

Spaghetti and Meatball | 19

9 oz mozzarella stuffed meatball served on a bed of spaghetti marinara

Spicy Rustica | 18

spicy Italian sausage, mushrooms, onions, and red peppers in a spicy marinara, served over linguine.

Build Your Own | 14

Pasta:

Penne, Linguine, Spaghetti | 0
Cheese Tortellini | 3

Sauce:

Marinara, Alfredo,
Amelia, Arrabiata | 0
Spicy Alfredo | 2

Protein:

Chicken | 4
Sausage | 4
9 oz Meatball | 7
Shrimp | 6
Crab | 8

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Margherita | 11

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Additional Toppings \$2 each

pepperoni, mushrooms, hot peppers, onions, roasted red peppers, bacon

Seafood**

served with house salad as well as penne marinara or potato & vegetable

Cedar Plank Salmon | 24

8 oz salmon with a sweet and spicy cajun rub, tomato plum salsa, topped with lemon pesto (gf upon request)

Maple Whiskey Salmon | 26

8 oz salmon in a sweet and spicy rub, served with pecans and asparagus drizzled in a whiskey maple glaze (gf upon request)

Herb Crusted Cod | 22

a seasoned breadcrumb rub topped with a light white wine cream sauce

Lemon Caper Mahi | 23

6 oz pan-seared mahi topped with a lemon caper white wine cream sauce

Tuscan Mahi | 24

6 oz seared mahi topped with a creamy sundried tomato and spinach sauce

Fish Platter | 16

whale of cod served with fries or potato & vegetable

Seafood of the Day | Market Price

Chicken and Beef**

served with house salad as well as penne marinara or potato & vegetable

Josh's Spicy | 20 | 23

chicken, crab, red peppers, over penne in a spicy alfredo sauce (gf upon request)

Chicken Parmesan | 18 | 21

chicken seasoned in bread crumbs, marinara, and mozzarella

Chicken Marsala | 18 | 21

chicken with mushrooms, shallots, and basil with Marsala demi-glaze

Chicken Romano | 18 | 21

chicken with seasoned bread crumbs, topped with a romano cream sauce

8 oz. Flat Iron | 26

add mushrooms and onions \$2 (gf upon request)

6 oz. Choice Filet | 34

add mushrooms and onions \$2 (gf upon request)