

# Benjamins Lunch

## Starters

### Roasted Red Pepper Tomato Bisque or Soup of the Day

Cup | 5      Bowl | 7

### Burrata Bruschetta | 15

Fresh bruschetta topped with toasted Burrata cheese and drizzled with balsamic glaze. Served with a side of crostini dipped and baked in pesto oil.

### Fried Brie | 13

Beer battered brie golden fried and served with Melba sauce.

### Ben's Bangin Shrimp | 15

Tempura fried shrimp with a Thai chili glaze over Asian slaw.

### Truffle Fries | 14

Shoestring fries topped with romano cheese and truffle oil.

### Pierogies | 13

Onions, sour cream, and scallions over six, three cheese pierogies.  
add bacon | 2

## Salads

### Ben's Classic | 9

Mixed greens, cucumbers, tomatoes, carrots, and onions.

### BBQ Chicken Salad | 16

Mixed greens, tomatoes, onions, black beans, gouda, chicken, and bbq sauce.

### Greek | 16

Mixed greens, olives, feta, tomato, cucumbers, onions, and taragon grilled chicken.  
Suggested dressing - feta vinaigrette.

### Summer Berry Salad | 12

Mixed greens topped with roasted pecans, strawberries, blueberries, and goat cheese.

### Super Salad | 12

Spinach, quinoa, tomatoes, garbonzo beans, toasted almonds, and feta cheese.  
Suggested dressing - lemon vinaigrette

### Power Protein | 12

Mixed greens, farro grains, pickled onions, sweet potato, tomatoes, and avocado.  
\* lemon aioli is paired with salmon if added.

### Pittsburgh Blackened Chicken | 16

### Pittsburgh Steak\*\* | 23

Mixed greens, cucumber, tomatoes, and onions served in a tortilla bowl and topped with shoestring fries and mozzarella.

### Add Protein To Any Salad

add grilled chicken or blackened chicken | 5  
add shrimp | 7  
add blackened tilapia | 7  
add 5 oz steak\*\* | 13  
add 8 oz grilled salmon\*\* | 12

**Dressing choices: creamy Italian, creamy blue cheese, French, citrus vinaigrette, balsamic vinaigrette, feta vinaigrette, ranch, oil & vinegar**

## Burgers and Tacos

### Burgers\*\*

6 Oz. beef on a brioche bun with lettuce, tomato, and pickle's on the side. Served with shoestring fries. (GF upon request)

### Beer Battered Fries | 2

### Classic | 14

### Bacon Cheddar | 16

### Mushroom Swiss | 16

### Black & Bleu | 16

### Beyond Burger® | 16

Plant-Based Vegan Burger

### Tacos:

Two flour tortilla tacos served with a side of chipotle ranch (GF upon request).

**Blackened Shrimp** - lettuce, tomato, cheddar jack | 14

**Blackened Chicken** - lettuce, tomato, mozzarella | 14

**Blackened Fish** - tomato lime slaw | 14

**Beer Battered Fish** - tomato lime slaw | 14

Gluten Friendly options: While we make every effort to make sure our gluten friendly items do not come into contact with other ingredients we cannot guarantee cross-contamination of gluten does not occur. Please let us know of any allergies BEFORE ordering.

*\*\*We are not responsible for well done items. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.*

## Pizzas and Flatbreads

Make it a 12" pizza for \$2.00 more  
Make it a 10" gluten free seasoned  
cauliflower crust pizza for \$3.00 more

### **Portabella | 14**

Garlic and oil brushed crust topped with tomatoes, green peppers, onions, spinach, portabella's, feta, and mozzarella.

### **BBQ Chicken | 14**

Grilled chicken, BBQ sauce, red onion, gouda, and mozzarella cheese.

### **Buffalo Chicken | 14**

Grilled chicken, buffalo sauce, red onion, cheddar jack cheese, and mozzarella. Served with ranch.

### **Margherita | 14**

Garlic and oil brushed crust topped with fresh basil, tomatoes, and mozzarella.

### **Traditional | 13**

Traditional marinara topped with mozzarella.

### **Additional Toppings \$2 each**

pepperoni, mushrooms, hot peppers, onions, roasted red peppers, bacon

## Hand Helds

Served with chips, coleslaw, or daily side  
Add a cup of soup | 4

### **Whale of a Fish Sandwich | 18**

Oversized fried piece of cod on a Kaiser roll with coleslaw and shoestring fries.

### **Chicken Parmesan | 15**

Breaded chicken, marinara, and mozzarella on a toasted Kaiser roll.

### **Asiago Chicken Sandwich | 15**

Blackened or grilled chicken, grilled banana peppers, asiago cheese, lettuce, tomatoes, and chipotle ranch. Served on a brioche bun.

### **Chicken Bruschetta Panini | 15**

Grilled chicken, fresh bruschetta, and basil aioli on toasted Italian bread.

### **Mushroom Goat Cheese Panini | 13**

Sauteed mushrooms and onions, with spinach, roasted red peppers, goat cheese and balsamic glaze on toasted Italian bread.

### **Chicken Salad Croissant | 14**

Chicken salad, apples, dried cranberries, topped over lettuce and swiss cheese.

### **Rachel | 13**

Turkey, swiss, coleslaw, and 1000 island on toasted rye.

### **Three Grilled Cheese & Tomato Soup | 12**

American, swiss, and provolone on Italian bread with a cup of our tomato bisque (no sides).

### **1/2 Sandwich & Soup | 12**

Toasted Italian or rye (no sides)

**Turkey:** provolone, lettuce, tomato, garlic aioli

**Chicken salad:** dried cranberries, apples

## Wraps & Quesadilla

Wraps served with chips, coleslaw, or daily side  
Add a cup of soup | 4

Wrap choices: wheat, jalapeno cheddar, seasonal, or cilantro chickpea (gluten Free)

### **Chicken Quesadilla | 14**

Grilled chicken, black beans, tomato, scallions, and cheddar cheese (no sides).

### **Chicken Wrap | 14**

Blackened or grilled chicken, lettuce, tomatoes, chipotle ranch, and mozzarella.

### **Turkey Bacon Wrap | 13**

Turkey, bacon, lettuce, tomato, garlic aioli, and provolone.

### **Vegetable Wrap | 12**

Sautéed mushrooms, onions, roasted red peppers with lettuce, mozzarella and balsamic glaze.

## Mac N' Cheese

### **Buffalo Chicken | 13**

Chicken simmered in a creamy cheddar jack cheese with buffalo sauce and penne.

### **Chicken Gouda Broccoli | 14**

Chicken and blanched broccoli simmered in a creamy gouda sauce and penne.

# Benjamin's

## Starters

### Roasted Red Pepper Tomato Bisque or Soup of the Day

Cup | 5      Bowl | 7

### Burrata Bruschetta | 15

Fresh Bruschetta topped with toasted Burrata cheese and drizzled with balsamic glaze.

Served with a side of crostini dipped and baked in pesto oil.

### Fried Brie | 13

Beer battered brie, golden fried and served with melba sauce

### Ben's Bangin Shrimp | 15

Tempura fried shrimp with a Thai chili glaze over Asian slaw.

### Truffle Fries | 14

Shoestring fries topped with romano cheese and truffle oil.

### Pierogies | 13

Onions, sour cream, and scallions over six, three cheese pierogies.

add bacon | 2

## Casual Dining

### Pizza's and Flatbreads:

Make it a 12" pizza for \$2.00 more

Make it a 10" gluten free seasoned cauliflower crust pizza for \$3.00 more

### Portabella | 14

Garlic and oil brushed crust topped with tomatoes, green peppers, onions, spinach, portabella's, feta, and mozzarella.

### BBQ Chicken | 14

Grilled chicken, BBQ sauce, red onion, gouda, and mozzarella cheese.

### Buffalo Chicken | 14

Grilled chicken, buffalo sauce, red onion, cheddar jack cheese, and mozzarella. Served with ranch.

### Traditional | 13

Traditional marinara topped with mozzarella.

### Margherita | 14

Garlic and oil brushed crust topped with fresh basil, tomatoes, and mozzarella.

### Additional Toppings \$2 each

pepperoni, mushrooms, hot peppers, onions, roasted red peppers, bacon

### Burgers\*\*

6 Oz. beef on a brioche bun with lettuce, tomato, and pickle's on the side. Served with shoestring fries (gf upon request).

Beer Battered Fries | 2

### Classic | 14

Bacon Cheddar | 16

Mushroom Swiss | 16

Black & Bleu | 16

Beyond Burger® | 16

Plant-Based Vegan Burger

### Tacos:

Two flour tortilla tacos served with a side of chipotle ranch (GF upon request).

Blackened Shrimp - lettuce, tomato, cheddar jack | 14

Blackened Chicken - lettuce, tomato, mozzarella | 14

Blackened Fish - tomato lime slaw | 14

Beer Battered Fish - tomato lime slaw | 14

### Mac N' Cheese:

Penne pasta in our creamy three cheese sauce.

Buffalo Chicken | 13

Chicken Gouda Broccoli | 14

Gluten Friendly options: While we make every effort to make sure our gluten friendly items do not come into contact with other ingredients we cannot guarantee cross-contamination of gluten does not occur. Please let us know of any allergies BEFORE ordering.

*\*\*We are not responsible for well done items. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.*

# Salads

## Ben's Classic | 9

Mixed greens, cucumbers, tomatoes, carrots, and onions.

## Pittsburgh Blackened Chicken | 16

## Pittsburgh Steak\*\* | 23

Mixed greens, cucumber, tomatoes, and onions served in a tortilla bowl and topped with shoestring fries and mozzarella.

## Greek | 16

Mixed greens, olives, feta, tomato, cucumbers, onions, and taragon grilled chicken. Suggested dressing - feta vinaigrette.

## BBQ Chicken Salad | 16

Mixed greens, tomatoes, onions, black beans, gouda cheese, chicken, and BBQ sauce.

## Power Protein | 12

Mixed greens, farro grains, pickled onions, sweet potato, tomatoes, and avocado.

\* Lemon aioli paired with salmon if added to salad.

## Summer Berry Salad | 12

Mixed greens topped with roasted pecans, strawberries, blueberries, and goat cheese.

## Super Food Salad | 12

Spinach, quinoa, garbonzo beans, tomatoes, toasted almonds, and feta cheese. Suggested dressing - lemon vinaigrette.

## Add Protein To Any Salad

add grilled chicken or blackened chicken | 5  
add shrimp | 7

add blackened tilapia | 7

add 5 oz steak\*\* | 13

add 8 oz grilled salmon\*\* | 12

**Dressing choices: creamy Italian, creamy blue cheese, French, citrus vinaigrette, balsamic vinaigrette, feta vinaigrette, ranch, oil & vinegar**

# Pastas

Add a house salad for \$3.00

## Bangin' Shrimp Pasta | 22

Sautéed shrimp and red peppers over linguine in a creamy bangin alfredo sauce.

## Pesto Burrata Linguine | 23

Linguine tossed with house made pesto, diced tomatoes, and topped with burrata cheese with a balsamic drizzle.

## Cheese Tortellini | 19

Mushrooms, red peppers, garlic, and basil simmered in a red pepper tomato alfredo sauce.

## Build Your Own | 14

### Pasta:

Penne, Linguine | 0

Cheese Tortellini | 3

### Sauce:

Marinara, Arrabiatta,

Amelia, Pesto | 1

Alfredo, Spicy Alfredo | 2

### Protein:

Chicken | 5

Shrimp | 7

# Land & Sea\*\*

Served with house salad as well as penne marinara or daily rice/potato & vegetable

## 8 oz. Flat Iron | 33

## 6 oz Choice Filet Mignon | 42

Add mushrooms and onions \$2 (gf upon request)

## Josh's Spicy | 24 | 29

Chicken, crab, and red peppers over penne in a spicy alfredo sauce (gf upon request).

## Chicken Parmesan | 21 | 26

Chicken seasoned in bread crumbs, topped with marinara, and mozzarella.

## Chicken Romano | 21 | 26

Chicken with seasoned bread crumbs, topped with a romano cream sauce.

## Chicken Marsala | 21 | 26

Chicken with mushrooms, shallots, and basil simmered in a Marsala demi sauce. (Unable to make gf)

## Maple Whiskey Salmon\*\* | 29

8 oz salmon in a sweet and spicy rub, served with pecans and asparagus drizzled in a whiskey maple glaze (gf upon request).

## Firecracker Salmon\*\* | 28

8 oz salmon baked with a sweet and spicy chili glaze and topped with fresh green onions.

## Herb Crusted Cod | 26

A seasoned breadcrumb rub topped with a light white wine cream sauce.

## Fish Platter | 19

Whale of cod served with fries or potato & vegetable.

**Seafood of the Day | Market Price**