# Benjamin's LUNCH MENU

## Starters



#### Roasted Red Pepper Bisque Or Soup Of The Day

cup 5 bowl 7

#### Fried Brie - 14

beer battered brie, golden fried and served with melba sauce

#### Stuffed Banana Peppers - 17

banana peppers halved, stuffed with a blend of spicy & mild sausage, topped with marinara, melted mozzarella & asiago cheese

#### Spinach Artichoke Dip- 15

spinach & artichokes simmered in creamy cheese sauce, topped with melted cheddar jack cheese. Served with grilled pita and tortilla chips

#### Truffle Fries - 14

shoestring fries tossed with romano cheese & truffle oil

#### Ben's Bangin' Shrimp - 16

beer battered fried shrimp with a thai chili glaze over sesame slaw

#### Pierogies - 14

onions, sour cream, & scallions over six, three cheese pierogies add bacon \$2

#### **Dressing Choices**

creamy italian, creamy blue cheese, french, citrus vinaigrette, balsamic vinaigrette, feta vinaigrette, ranch, oil & vinegar

## Salads

#### Pittsburgh Blackened Steak \*\* - 23 Pittsburgh Blackened Chicken - 17

mixed greens, cucumbers, tomatoes, & onions served in a tortilla bowl & topped with shoestring fries & mozzarella

#### BBQ Chicken - 16

mixed greens, tomatoes, onions, black beans, gouda cheese, chicken  $\mathcal E$  bbq sauce

#### Roasted Sweet Potato Salad - 12

kale toasted with maple vinaigrette, roasted sweet potatoes, dried cranberries, goat cheese, & roasted pecans.

#### Power Protein - 12

mixed greens, farro grains, pickled onions, sweet potato, tomatoes & avocado lemon aioli paired with salmon if added to salad

Additional Toppings -\$2 each

pepperoni, mushrooms, hot peppers, onions, roasted red peppers, bacon, sausage

#### Ben's Classic - 9

mixed greens, cucumbers, tomatoes, carrots & onions

#### Apple Walnut Salad - 12

mixed greens topped with apples, cranberries, walnuts  $\ensuremath{\mathfrak{B}}$  blue cheese crumbles

#### Greek - 16

mixed greens, olives, feta, tomatoes, cucumbers, onions, & tarragon grilled chicken suggested dressing – feta vinaigrette

#### Add Protein \*\*

add grilled or blackened chicken - 6 add shrimp - 7 add blackened tilapia - 7 add 5oz steak \*\* - 13 add 8oz grilled salmon \*\* - 12

#### make it a 12" pizza for \$2 more make it a 10" gluten free seasoned cauliflower crust pizza for \$3 more

## Pizza & Flatbread

Traditional - 13

traditional marinara topped with mozzarella cheese

#### Margherita - 14

garlic  $\ensuremath{\mathcal{B}}$  oil brushed crust topped with fresh basil, tomatoes  $\ensuremath{\mathcal{B}}$  mozzarella cheese

#### BBQ Chicken - 15

grilled chicken, bbq sauce, red onion, gouda & mozzarella cheese

#### **Buffalo Chicken - 15**

grilled chicken, buffalo sauce, red onion, cheddar jack & mozzarella cheese

#### Portabella - 15

garlic & oil brushed crust topped with tomatoes, green peppers, onions, spinach, portabellas, feta & mozzarella cheese

## Benjamin's LUNCH MENU

6oz beef on a brioche bun with lettuce, tomato & pickles on the side, served with shoestring fries

beer battered fries - 2 gluten free bun - 1

Classic - 14

Bacon Cheddar - 16

Asiago Banana Pepper - 16

Mushroom Swiss - 16

Black & Bleu - 16

Beyond Burger - 17

plant-based vegan burger

### acos

two flour tortilla tacos served with a side of chipotle ranch (GF upon request)

Cajun Shrimp - 14 creamy cilantro lime slaw

Blackened Fish - 14 tomato lime slaw

Beer Battered Fish - 14 tomato lime slaw

Blackened Chicken - 14 lettuce, tomato, mozzarella

Chipotle Chicken - 14 creamy cilantro lime slaw & green onion

## Mac N' Cheese

penne pasta in our creamy three cheese sauce

Classic - 12 Buffalo Chicken - 14 Chicken Gouda Broccoli - 15

wraps served with chips, coleslaw or daily side sub cup of soup - \$2 shoestring fries - \$3

Greek Chicken Wrap - 15

grilled tarragon chicken, mixed greens, cucumbers, onions, tomatoes, feta  $\vartheta$  feta vinaigrette

Chicken Wrap - 15

Turkey Bacon Wrap - 14

**Vegetable Wrap - 13** 

sauteed mushrooms, onions, roasted red peppers with lettuce, mozzarella  $\ensuremath{\mathfrak{B}}$  balsamic glaze

## Hand Helds

served with chips, coleslaw or daily side substitute a cup of soup - \$2 shoestring fries - \$3

#### Whale of Fish Sandwich - 19

oversized fried piece of cod on a hoagie roll with coleslaw  ${\mathfrak S}$  shoestring fries

#### Chicken Parmesan - 17

breaded chicken, marinara & mozzarella on a toasted brioche bun

#### Chicken Bacon Ranch Melt- 17

grilled chicken, bacon, provolone, red onions, tomatoes, & ranch on toasted italian

#### Turkey Brie Melt - 16

turkey, melted brie, melba sauce on toasted italian

#### Mushroom Goat Cheese Melt - 15

sauteed mushrooms & onions, spinach, roasted red peppers, goat cheese, balsamic glaze on toasted italian

Rachel - 15

turkey, swiss, coleslaw & 1000 island on toasted rye

#### Chicken Salad Croissant - 15

chicken salad, apples, dried cranberries, topped over lettuce  $\ensuremath{\mathfrak{S}}$  swiss cheese

#### Three Grilled Cheese & Tomato Soup - 14

american, swiss & provolone on italian bread with a cup of our tomato bisque (no sides)

#### Asiago Chicken Sandwich - 16

blackened chicken, grilled banana peppers, asiago cheese, lettuce, tomatoes, & chipotle ranch all served on a brioche bun

#### 1/2 Sandwich & Soup - 13

toasted italian or rye (no sides) Turkey: provolone, lettuce, tomato, garlic aioli Chicken Salad: dried cranberries & apples



blackened or grilled chicken, lettuce, tomatoes, chipotle ranch & mozzarella

turkey, bacon, lettuce, tomato, garlic aioli  $\ensuremath{\mathfrak{S}}$  provolone

Gluten friendly options: while we make an effort to make sure our gluten friendly items do not come into contact with other ingredients we cannot guarentee cross-contamination of gluten does not occur. Please let us know of any allergies BEFORE ordering

Wrap Choices wheat, jalapeno cheddar,

seasonal or gluten free wrap

## Benjamin's DINNER MEN

Starters

Roasted Red Pepper Bisque Or Soup Of The Day cup 5 bowl 7

#### Spinach Artichoke Dip- 15

spinach & artichokes simmered in creamy cheese sauce, topped with melted cheddar jack cheese. Served with grilled pita and tortilla chips

#### Stuffed Banana Peppers - 17

banana peppers halved, stuffed with a blend of spicy  $\ensuremath{\mathcal{B}}$  mild sausage, topped with marinara, melted mozzarella & asiago cheese

#### Pierogies - 14

onions, sour cream, & scallions over six, three cheese pierogies add bacon \$2

#### Truffle Fries - 14

shoestring fries tossed with romano cheese & truffle oil

#### Ben's Bangin' Shrimp - 16

beer battered fried shrimp with a thai chili glaze over sesame slaw

#### Fried Brie - 14

beer battered brie, golden fried and served with melba sauce



served with a house salad along with penne marinara or daily rice/potato & vegetable

## Seafood Entrees. \*\*

#### Firecracker Salmon \*\* - 29

8oz baked with a sweet & spicy chili glaze, & topped with fresh green onions

#### Maple Whiskey Salmon \*\* - 29

8oz baked with a sweet and spicy rub, served with pecans, asparagus, & drizzled in a maple whiskey glaze (GF upon request)

### Fish Platter - 19

whale of cod served with fries or potato & vegetable

#### Herb Crusted Cod - 28

a seasoned breadcrumb rub topped with a light lemon cream sauce

#### Salmon Meuniere \*\* - 29

8oz salmon seared in olive oil & simmered with brown butter, capers, lemon zest & parsley. (GF upon request)

## Beef Entrees \*\*

NY Strip - 39

Grilled Filet - 42

#### Filet Boursin - 44

6oz of choice aged steer tenderloin

topped with boursin cheese  $\ensuremath{\mathfrak{S}}$  a merlot sauce

add mushrooms & onions - \$2 add blackened seasoning - \$0

## Chicken Entrees

#### Chicken Parmesan - 24 28

chicken seasoned in bread crumbs. baked with marinara & mozzarella

#### Chicken Romano - 24 28

chicken with seasoned bread crumbs, topped with a romano cream sauce

#### Chicken Marsala - 24 28

chicken with mushrooms, shallots, & basil simmered in a marsala demi sauce

#### Chicken Lafayette - 24 28

chicken sauteed with tomatoes, artichoke hearts, mushrooms, & asparagus in a light herbal white wine sauce

#### Josh's Spicy - 26 29

chicken, crab, & red peppers over penne in a spicy alfredo sauce

## Ben's Bangin' Shrimp Pasta - 25

sauteed shrimp, roasted red peppers & linguine simmered in a creamy bangin' alfredo sauce

#### Cheese Tortellini - 22

cheese tortellini, mushrooms, & roasted red peppers simmered in a tomato alfredo sauce

#### Spicy Sausage Linguine - 24

mushrooms, onions, roasted red peppers & spicy Itailian sausage simmered in a spicy marinara & served over linguine

#### Maryland Crab Ravioli- 27

sauteed onions & crab meat in a white wine cream sauce. Finished with blanched asparagus & balasamic glaze drizzle

#### Build Your Own Pasta - 14

#### Sauce

marinara, arrabiatta, amelia - 0 alfredo, spicy alfredo - 2

#### Protein

chicken - 6 **Pasta** 

shrimp - 7 penne, linguine, - 0

sausage - 5 cheese tortellini - 3

add a house salad for \$3

Gluten friendly options: while we make an effort to make sure our gluten friendly items do not come into contact with other ingredients we cannot guarentee cross-contamination of gluten does not occur. Please let us know of any allergies BEFORE ordering

> imes imes We are not responsible for well done items. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food bourne illness especially if you have certain medical conditions 3% surcharge to credit cards









## Benjamin's DINNER MENU

## Salads

#### Ben's Classic - 9

mixed greens, cucumbers, tomatoes, carrots & onions

#### Pittsburgh Blackened Steak \*\* - 23 Pittsburgh Blackened Chicken - 17

mixed greens, cucumbers, tomatoes,  ${\mathfrak S}$  onions served in a tortilla bowl  ${\mathfrak S}$  topped with shoestring fries  ${\mathfrak S}$  mozzarella

#### BBO Chicken - 16

mixed greens, tomatoes, onions, black beans, gouda cheese, chicken & bbq sauce

#### Roasted Sweet Potato Salad - 12

kale to asted with maple vinaigrette, roasted sweet potatoes, dried cranberries, go at cheese,  $\ensuremath{\mathfrak{V}}$  roasted pecans.

#### Add Protein \*\*

add grilled or blackened chicken - 6 add shrimp - 7 add blackened tilapia - 7 add 5oz steak \*\* - 13 add 8oz grilled salmon \*\* - 12



#### **Dressing Choices**

creamy italian, creamy blue cheese, french, citrus vinaigrette, balsamic vinaigrette, feta vinaigrette, ranch, oil & vinegar

#### Apple Walnut Salad - 12

mixed greens topped with apples, cranberries, walnuts  $\ensuremath{\mathfrak{S}}$  blue cheese crumbles

#### Power Protein - 12

mixed greens, farro grains, pickled onions, sweet potato, tomatoes  $\ensuremath{\mathfrak{B}}$  avocado lemon aioli paired with salmon if added to salad

#### Greek - 16

mixed greens, olives, feta, tomatoes, cucumbers, onions,  $\mathcal E$  tarragon grilled chicken suggested dressing – feta vinaigrette

## Casual Entrees.

#### **Burgers** \*\*

6oz beef on a brioche bun with lettuce, tomato  $\ensuremath{\mathcal{B}}$  pickles on the side served with shoestring fries

beer battered fries - 2 gluten free bun - 1

Classic - 14
Bacon Cheddar - 16
Asiago Banana Pepper - 16
Mushroom Swiss - 16
Black & Bleu - 16
Beyond Burger - 17

plant-based vegan burger

#### Tacos

two flour tortilla tacos served with a side of chipotle ranch (GF upon request)

Cajun Shrimp - 14 creamy cilantro lime slaw Blackened Fish - 14 tomato lime slaw

Beer Battered Fish - 14 tomato lime slaw

Blackened Chicken - 14 lettuce, tomato, mozzarella Chipotle Chicken - 14 creamy cilantro lime slaw & green onion

#### Mac N' Cheese

penne pasta in our creamy three cheese sauce

Classic - 12 Buffalo Chicken - 14 Chicken Gouda Broccoli - 15

#### Pizza & Flatbread

make it a 12" pizza for \$2 more make it a 10" gluten free seasoned cauliflower crust pizza for \$3 more

#### Traditional - 13

traditional marinara topped with mozzarella cheese

#### Margherita - 14

garlic  $\ensuremath{\mathfrak{G}}$  oil brushed crust topped with fresh basil, tomatoes  $\ensuremath{\mathfrak{G}}$  mozzarella cheese

#### Portabella - 15

garlic & oil brushed crust topped with tomatoes, green peppers, onions, spinach, portabellas, feta & mozzarella cheese

#### BBQ Chicken - 15

grilled chicken, bbq sauce, red onion, gouda arphi mozzarella cheese

#### Buffalo Chicken - 15

grilled chicken, buffalo sauce, red onion, cheddar jack & mozzarella cheese

#### Additional Toppings -\$2 each

pepperoni, mushrooms, hot peppers, onions, roasted red peppers, bacon, sausage